



Key Messages **Community**

# DEVICES - KEEPING PATIENTS AND STAFF SAFE

## Occupational Health & Safety

Head upright or inclined slightly forward in a relaxed position

Shoulders relaxed

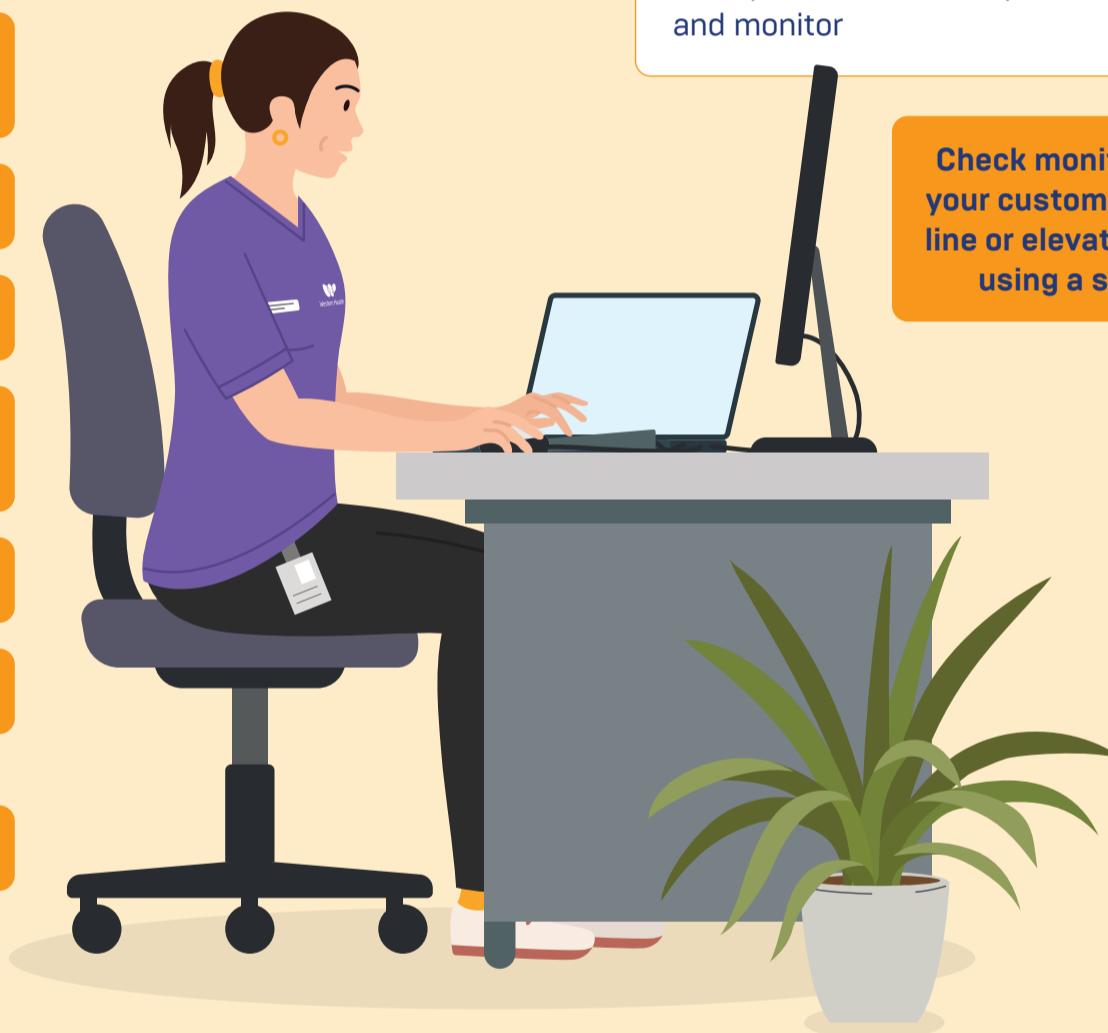
Elbows and arms close to the body

Forearms horizontal, wrists in a natural comfortable position

Lower back is supported

Thighs parallel to the floor

Feet adequately supported



### LAPTOP USE > 1 HOUR PER DAY

Connect laptop to a docking station, ideally with: external keyboard/mouse and monitor

Check monitor is at your customised eye line or elevate laptop using a stand

10

9

8

7

6

5

4

3

2

Week 1

### Privacy and confidentiality

- ▶ Minimise the screen or lock the computer when not using
- ▶ Log out of programs when you are not using them
- ▶ Ensure devices are securely stored when not in use

### Hygiene

- ▶ Remember devices (LOWs/ Laptops) are not part of the patient environment
- ▶ Use hospital approved disinfecting wipes to clean between patients
- ▶ Perform hand hygiene before and after touching your device

### Transmission based precautions

- ▶ Devices must not be taken into the room or environment of patients with transmission based precautions (airborne, droplet and contact precautions)



The Digital Health information site contains further details on the above, including resources, news and updates.  
[digitalhealth.wh.org.au](http://digitalhealth.wh.org.au)

