

Initiation/Review of Mechanical Restraints in Non-Mental Health Act (MHA) Patients



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Quick Reference Guide

This Quick Reference Guide will explain how to:

Document the initiation of mechanical restraints and completing a restraint medical review for patients not under the Mental Health Act.

Definitions:

Mechanical Restraint – The application of any device, material or equipment attached to or near a person's body which cannot be controlled or easily removed by the person and which deliberately prevents or is deliberately intended to prevent a person's free body movement to a position of choice and/or a person's normal access to their body.

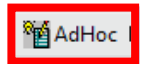
Type 1: Padded limb restraints used to secure a person's wrists, ankles &/or biceps to a bed or trolley.

Type 2: Restriction of movement through the use of table inserts, bed/chair mechanics and mittens

Completing the Restraint (Non MHA) Authorisation

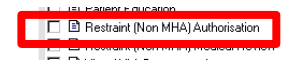
Location on FirstNet and PowerChart:

1. LaunchPoint (FirstNet) and PowerChart - open the patient chart for the patient you are initiating mechanical restraints and select 'Ad Hoc' in the top menu.

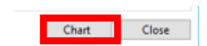


2. The Ad Hoc Charting window will open for both FirstNet and PowerChart.

3. FirstNet - Emergency Documents folder > Restraint (Non MHA) Authorisation
PowerChart - Basic Care > Restraint (Non MHA) Authorisation



4. Select 'Chart'



5. Complete the Assessment of Restraint Documentation

Note: If any reason other than Not Applicable is selected, documentation must be completed on paper form – MHA142 Restrictive Interventions Observations

6. The Restraint Authorisation of a Person Restrained NOT Under the MHA' PowerForm will open on selecting Not Applicable.

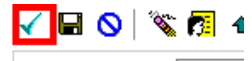


Handy Hint – Restraint Prompts for Clinicians

The 'Restraint Authorisation of a Person Restrained NOT under the MHA' PowerForm includes some brief considerations and prompts for clinicians to follow when initiating mechanical restraints. Be sure to review these to ensure legislative compliance and compliance with Western Health policies, procedures and guidelines.

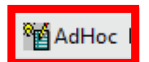
- In the left column select Alternative Restraint Strategies
- Document a note for each section of the 'Alternative Restraint Strategies' PowerForm.

- To sign the form, select the **Green Tick** in the top left



Completing the Restraint (Non MHA) Medical Review

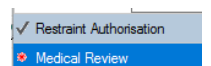
- LaunchPoint (FirstNet) and PowerChart - open the patient chart for the patient you are initiating mechanical restraints and select 'Ad Hoc' in the top menu.
- The Ad Hoc Charting window will open for both FirstNet and PowerChart.
- FirstNet - Emergency Documents folder > Restraint (Non MHA) Medical Review
PowerChart - Basic Care > Restraint (Non MHA) Medical Review



- Select 'Chart'



- In the left column select Medical Review



- Complete the Medical Review Form

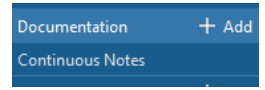


16. To sign the form, select the **Green Tick** in the top left

Note: follow the same steps from AdHoc to review the same patient multiple times



17. To View the documentation, select Documentation or Continuous Notes in the Table of Contents



Date/Time	Event	Category	Status	Details
08/08/2023 15:19:00	Restraint (Non MHA) Medical Review	Restraints - Text	Sum	Document Type: Restraints - Text Document Date: 09 Aug. 2023 15:19 AEST Document Status: Auth (Verified) Document Title/Subject: Restraint (Non MHA) Medical Review Performed By/Author: Cementest, Medical Officer P2 2 on 09 Aug. 2023 15:19 AEST Verified By: 21000135, Sunshine Emergency, 09/08/2023 Visit etc.
08/08/2023 15:19:00	Restraint (Non MHA) Authentication	Restraints - Text	Sum	
26/06/2023 22:23:55	ED Pre-Arrival Note	ED Pre-Arrival Note	Sum	
18/05/2023 15:52:00	ED Bed Request Outcomes	ED Bed Request Outcomes - Text	Sum	
02/03/2023 14:04:00	ED Triage	ED Triage - Text	Sum	

Document Title	Author	Date	Status
Restraint (Non MHA) Medical Review Entered On: 09/08/2023 15:23 AEST Performed On: 09/08/2023 15:19 AEST by Cementest, Medical Officer P2 2			

Document Title	Author	Date	Status
Restraint (Non MHA) Medical Review Entered On: 09/08/2023 15:23 AEST Performed On: 09/08/2023 15:19 AEST by Cementest, Medical Officer P2 2			

Documenting Restraints Observation in iView

18. Select the Restraint iView Band



19. Document observations

Non Mental Health Restraints		Points
Restraint Type 1		4 points (...)
Restraints Observations		
Restraint Type 1		4 points (...)