## Documentation – Documenting Restraint Observations



Digital Health Quick Reference Guide

## This Quick Reference Guide will explain how to:

Complete observations for the mechanically restrained patients for both Type I & II mechanical restraints in EMR.

## **Definitions:**

- Type 1: Padded limb restraints used to secure a person's wrists, ankles &/or biceps to a bed or trolley.
- Type 2: Restriction of movement through the use of table inserts, bed/chair mechanics and mittens

## **Documenting restraint observations in EMR:**

Documentation is commenced by nursing staff upon initiation of mechanical restraints as per legislation and Western Health (WH) Policies, Procedures, and Guidelines (PPG).

- Type 1 restraints require direct 1:1 supervision with 15/60 documented observations.
- Type II requires constant visual supervision with documented observations at least every 30/60.
- Select Interactive View and Fluid Balance (iView) from the menu in the patient chart.
- 2. Click on Restraints navigator band.



Complete iView documentation for Restraints
Observations click on the green tick to sign
observations.



<u>ii</u> u 🥞	14/08/2023
<b>*</b>	% 09:11
△ Non Mental Health Restraints	<b>V</b>
Restraint Type 1	4 points (
Restraint Type 2	Mittens,
Restraint to Prevent	Interfere
Restraint Discussed w Family/Significant	Yes
Name of Family/Significant Other	♦
Relationship to Patient	$\Diamond$
Discussed w Family Significant Comment	$\Diamond$
Restraint Start	14/08/20
Restraint End	
△ Restraints Observations	
Restraint Activity	
Restraint Type 1	4 points (
Restraint Type 2	Mittens,
Restraint Conscious State	
Restraint Behaviour	
Restraint Circulation	
Restraint Skin Intact	
Restraint Hydration Hourly	
Restraint Check Hourly	
Restraint Release 2 Hourly	
Restraint Reposition 2 Hourly	
Restraint Toilet 2 Hourly	
Restraint Observation Comment	
Debriefing offered by Snr RN or MO	