

Digital Health Quick Reference Guide

Medications - Tapering Medication Doses for Inpatient Orders

Key Messages:

- Tapering function is only enabled for some inpatient orders and not available for order inside an orderset
- On prescriptions, tapering instructions are written in the 'special instructions' field
- 1. Go to Orders and Referrals in the Table of Contents and click +Add
- 2. Search for the medication you wish to order a tapering regimen for

Orde	Orders Medication List Document In Plan							
M								
P 1	Search:	predni	۹,	Advanced Options	V Type:	8	Inpatient 🧹	
		prednisolone		1				
		prednisolone (5 mg, Oral, Tablet, daily (with or after food))						
		prednisolone (10 mg, Oral, Liquid, daily (with or after food))						
		prednisolone (10 mg, Oral, Tablet, daily (with or after food))						

3. Select an order sentence, modify the dose to a desired starting dose if required

Details for prednisolone							
Details 📴 Order Comments 🗍 🕼 Diagnoses							
+ ‰ I I ↓ ×							
*Strength dose: 25	*Strength dose unit: mg 🗸 🗸						
*Route of administration: Oral	Drug Form: Tablet 🗸						
PRN: 🔿 Yes 💿 No	PRN reason:						
Duration:	Duration unit: 🔍 🗸						

4. Click on to taper launch the tapering window

Note: Only select medications allow for tapering (this is a setting in the back-end). Tapering is also not allowed within **ordersets.** For orders where this function is not available the tapering icon will be grey.

5. Doses can be reduced by strength or percentage. Complete all necessary fields, those in yellow are mandatory.

NB: Instead of ending the regimen on a specific date, you may wish to continue that dose as maintenance - select 'Continue until instructed to stop' The last dose date field will appear empty

*Dose	*Unit		*Route		*Frequency	*Start
25	5 mg	v 🚼	Oral	v	daily (with or after food)	✔ 14/04
				_		
Reduce	→ by	5 mg	✓ every	2	day(s) V	
Reduce	v by	5 mg	Stop final dose after	2	day(s) ♥	



Remove Cancel/DC

1. Once completed click calculate steps to see the planned regimen

Planned	Planned regimen							
Dose	Unit	Route	Frequency	Start	Last Dose	Doses		
25	mg	Oral	daily (with or after food)	14/04/2020 08:00 Australia/Sydney	15/04/2020 08:00 Australia/Sydney	2 Dose(s)		
20	mg	Oral	daily (with or after food)	16/04/2020 08:00 Australia/Sydney	17/04/2020 08:00 Australia/Sydney	2 Dose(s)		
15	mg	Oral	daily (with or after food)	18/04/2020 08:00 Australia/Sydney	19/04/2020 08:00 Australia/Sydney	2 Dose(s)		
10	mg	Oral	daily (with or after food)	20/04/2020 08:00 Australia/Sydney	21/04/2020 08:00 Australia/Sydney	2 Dose(s)		
5	mg	Oral	daily (with or after food)	22/04/2020 08:00 Australia/Sydney	23/04/2020 08:00 Australia/Sydney	2 Dose(s)	Ð 🗉	

- 2. Review the details. Modify and recalculate as needed. Click OK and Sign to complete the ordering process
- 3. Check the MAR. All orders (due and future) will appear on the MAR.

4 Modicati

 To modify/update individual order(s) in the regimen, in Orders and Referrals – find the regimen.

Click on arrow to expand the regimen to see the separate orders. in Select the dose, right click **Modify.** Once completed, Sign the order.

⊿ Ac	tive		
⊿	Ordered	🚺 Le, Annie	prednisolone Taper
	Ordered	🚺 Le, Annie	prednisolone 25 mg given as 1 tab(s), Oral, daily (with or after food)
	Modify	🔒 Le, Annie	prednisolone 20 mg given as 4 tab(s), Oral, daily (with or after food)
	Ordered	🔒 Le, Annie	prednisolone 15 mg given as 3 tab(s), Oral, daily (with or after food)

- 5. To Cancel/Discontinue the entire regimen select regimen, right click **Cancel/DC**
- The Discontinue window will launch. At this point parts of the regimen can be 'kept' (excluded from the cancel action).

P Disco	ontinue - prednisolone Ta	aper	
Кеер	Component	Status	Order Details
	S prednisolone	Ordered	50 mg, Oral, Tablet, daily (with or after food), for 3 day(s), First dose 16/02/2022 08:00:00, Stop date 19/02/2022 07:59:00
	S prednisolone	Ordered	40 mg, Oral, Tablet, daily (with or after food), for 3 day(s), First dose 19/02/2022 08:00:00, Stop date 22/02/2022 07:59:00
	S prednisolone	Ordered	30 mg, Oral, Tablet, daily (with or after food), for 3 day(s), First dose 22/02/2022 08:00:00, Stop date 25/02/2022 07:59:00
	S prednisolone	Ordered	20 mg, Oral, Tablet, daily (with or after food), for 3 day(s), First dose 25/02/2022 08:00:00, Stop date 28/02/2022 07:59:00
	S prednisolone	Ordered	10 mg, Oral, Tablet, daily (with or after food), for 3 day(s), First dose 28/02/2022 08:00:00, Stop date 03/03/2022 07:59:00
	S prednisolone	Ordered	5 mg, Oral, Tablet, daily (with or after food), for 3 day(s), First dose 03/03/2022 08:00:00, Stop date 06/03/2022 07:59:00

NB: Be sure to review the orders you want to keep, note the first and stop dose date and time.

Tapering doses on discharge or outpatient prescriptions

• The taper function is only available for inpatient orders. To order a tapering regimen on a prescription, add the instructions in the '**special instructions'** field.

Ordered

• Each relevant strength of the medication required for the regimen must be prescribed separately e.g. prednisolone 25mg and prednisolone 5mg orders are added individually

