## Cardiology – Chest Pain Observations



Digital Health Quick Reference Guide

## This Quick Reference Guide will explain how to:

Document Chest Pain Observations in the Observation Chart and document any relevant additional comments.

## 1. Document Pain Assessment:

- o Go to the table of contents, select Interactive View and Fluid Balance.
- Select Adult Systems Assessment and then Pain Assessment.
- 2. Enter the following fields in the Pain Assessment:
  - Conscious state
  - Sedation Score
  - Pain Present
  - o If pain present, complete conditional logic and use the Numeric Pain Assessment.
  - o Description of Pain Location, Type, Time

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△ Pain Assessment			
Conscious State			Alert
Sedation Score (Adult)			0 = Wide awake
◆ Pain Present			Yes actual or suspected pain
Pre-existing Pain Condition			Yes
◆ Pain Assessment			Numeric rating scale
Numeric Pain Score at Rest			10
Numeric Pain Score with Activity			10
♦ FACES Pain Scale at Rest			
♦ FACES Pain Scale with Activity			
Primary Pain Location			Chest
Primary Pain Laterality			Bilateral
Primary Pain Type			Dull, Heavy, Radiating, Tight
◇ Primary Pain Time Pattern			Constant
Secondary Pain			
◆ Tertiary Pain			
Quaternary Pain			
Non-pharmacological Therapy			
△ Pain Interventions			
Pharmacological Therapy			Offered, Administered
Non-pharmacological Therapy			

- 3. Document medications administered for pain on the Medication Administration Record (MAR).
- 4. If additional information is required for any of the above fields, enter comments into the Nursing Shift Notes.